



# DHARMAMURTHI RAO BAHADUR CALAVALA CUNNAN CHETTY'S HINDU COLLEGE

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## YOGA AND MEDITATION CELL

*and*

## NATIONAL SERVICE SCHEME (NSS)

*jointly organises*

# International Day of Yoga (IDY) 2026

*in collaboration with*

## Heartfulness Education Trust



*Resource person*

## Sri SANTHANAM BALARAMAN

*Yoga & Meditation Trainer, Heartfulness.*

Date : 24<sup>th</sup> June 2026

Time : 10.30 a.m.

Venue : Cunnan Auditorium

**Dr. S. MUTHUMARI**

Member - Yoga and Meditation Cell  
Asst. Prof. Dept. of Tamil (Shift 2)

**Dr. K. GURUMOORTHY**

Co-ordinator - Yoga and Meditation Cell  
Asst. Prof. Dept. of Computer Science (Shift 2)

**Dr. MUDDLURU SURESH**

Convener - Yoga and Meditation Cell  
Head & Asst. Prof. Dept. of Telugu

**NSS Programme officers**

**Ms. B.DEVAYANE**

Asst. Prof. Dept. of Criminology and  
Criminal Justice Science (Shift 2)

**Dr. M.KASTHURI**

Asst. Prof. Dept. of Tamil  
(Shift 1)

**Sri. S.PRABHAKARAN**

Asst. Prof. Dept. of Computer Science (Shift 2)

**Dr. M.MAHENDRAN**

Asst. Prof. & Head, Dept. of  
Bank Management (Shift 2)

**Dr. N. MUTHU**

Asst. Prof. Dept. of  
Economics (Shift 1)

**Dr. N. Rajendra Naidu**

Director

**Dr. G. Kalvikkarasi**

Principal

**Sri M. Venkatesaperumal**

Honorary Secretary

## Members of Trust Board

Sri M. Venkatesaperumal, President & Honorary Secretary

Sri M.V. Cunniah Chetty, Managing Trustee

Dr. Pravin Tellakula

Dr. R. Balaji Gupta

Sri G. Chandramohan

Sri Ramesh Chitralla

Sri B. Gautham

Sri C. Parankusam

Sri Veeraraghava Mukkala

Dr. Vupputur Shakti Akash Raj

## *About the Resource person*



Sri SANTHANAM BALARAMAN, BE, MBA, PMP, MSc, PGDMH, PGDHUE, Certificate course in Yoga and one of the Certified trainer - Heartfulness Meditation. An Electrical Engineering Graduate having 36 years of work experience in India and abroad. He Recently retired from Larsen & Toubro Limited as a Senior Deputy General Manager. Presently he is working as an Adviser\_Projects with Voltech Engineer's Private Limited. He joined Heartfulness in the year 2007 and has been practicing HFN way of Meditation. He has also enrolled to pursue Ph.D. with Heartfulness Research Institute, which is currently underway.

